

# CBS News Poll – March 16-19, 2026

## Adults in the U.S.



Sample 2,500 Adults in the U.S.  
Margin of Error ±2.2 points

### 2. Do you feel you have a good understanding of what artificial intelligence — also known as AI — is, or not?

Yes	72%
No	28%

### 3. Is that a very good understanding or somewhat good understanding of AI?

*Among those who say they understand AI*

Very good	34%
Somewhat good	66%

### 4. Do you think that, in general, AI will create more problems than it solves, or do you think AI will solve more problems than it creates?

Will create more problems	49%
Will solve more problems	27%
Don't know	24%

### 5. Do you use AI for anything?

Yes	56%
No	44%

### 6. When you use AI, do you use it...?

*Among those who use AI*

Mostly for work	13%
Mostly for personal use	61%
About equally work/personal	26%

### 7. In general, do you think AI technology companies will, or will not, make sure that AI is used in appropriate ways?

Certainly will	6%
Probably will	31%
Probably will not	44%
Certainly will not	18%

8. Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Comfortable	Not comfortable	Neither/not sure
Making health and medical diagnoses	15%	67%	18%
Finding things online	70%	18%	12%
Correcting and proofreading text	64%	23%	13%
Handling finances and investments	15%	66%	19%
Driving your taxi or rideshare	13%	73%	14%
Filing your taxes	24%	58%	18%

9. Should U.S. government policy with regard to AI (Artificial Intelligence) in the United States generally be to promote use and development of AI, restrict use and development of AI, or not take a position either way?

Promote use and development of AI	24%
Restrict use and development of AI	42%
Not take position either way	34%

10. Do you think that AI (Artificial Intelligence) will increase, decrease, or not have any impact on the number of jobs available in the U.S.?

Increase	19%
Decrease	66%
Have no effect	15%

11. In general, do you think the U.S. military should or should not use AI to analyze military and intelligence data?

Should	47%
Should not	53%

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### 2. Feel You Understand AI

Do you feel you have a good understanding of what artificial intelligence — also known as AI — is, or not?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Yes	72%	74%	70%	82%	79%	70%	57%	81%	72%	72%
No	28%	26%	30%	18%	21%	30%	43%	19%	28%	28%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,494)	(1,212)	(1,282)	(523)	(630)	(813)	(529)	(635)	(819)	(744)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Yes	72%	77%	74%	72%	72%	72%	69%	68%	78%
No	28%	23%	26%	28%	28%	28%	31%	32%	22%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,494)	(710)	(857)	(720)	(1,567)	(309)	(401)	(971)	(596)

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### 3. Good Understanding of AI

Is that a very good understanding or somewhat good understanding of AI?

*Among those who say they understand AI*

	Gender			Age				Ideology		
	Total	Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Very good	34%	39%	30%	46%	42%	27%	19%	40%	32%	33%
Somewhat good	66%	61%	70%	54%	58%	73%	81%	60%	68%	67%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(1,792)	(894)	(898)	(429)	(494)	(567)	(302)	(515)	(585)	(535)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Very good	34%	37%	32%	35%	31%	38%	40%	26%	38%
Somewhat good	66%	63%	68%	65%	69%	62%	60%	74%	62%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(1,792)	(544)	(631)	(515)	(1,122)	(221)	(276)	(659)	(463)

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**4. AI Will Create or Solve More Problems**

Do you think that, in general, AI will create more problems than it solves, or do you think AI will solve more problems than it creates?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Will create more problems	49%	42%	56%	41%	44%	55%	55%	58%	48%	47%
Will solve more problems	27%	34%	20%	38%	33%	19%	21%	24%	27%	32%
Don't know	24%	24%	24%	20%	23%	26%	24%	18%	24%	21%
Totals	100%	100%	100%	99%	100%	100%	100%	100%	99%	100%
Weighted N	(2,490)	(1,212)	(1,278)	(523)	(629)	(811)	(528)	(635)	(820)	(741)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Will create more problems	49%	55%	53%	43%	53%	42%	41%	54%	51%
Will solve more problems	27%	24%	24%	36%	24%	32%	34%	21%	28%
Don't know	24%	21%	23%	21%	23%	26%	24%	25%	21%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	100%
Weighted N	(2,490)	(711)	(857)	(717)	(1,566)	(310)	(399)	(971)	(595)

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**5. Personally Use AI**

Do you use AI for anything?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Yes	56%	59%	53%	69%	64%	51%	41%	60%	60%	54%
No	44%	41%	47%	31%	36%	49%	59%	40%	40%	46%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(1,214)	(1,281)	(523)	(631)	(813)	(529)	(635)	(823)	(741)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Yes	56%	58%	57%	56%	55%	57%	57%	47%	67%
No	44%	42%	43%	44%	45%	43%	43%	53%	33%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(711)	(860)	(717)	(1,565)	(312)	(401)	(970)	(594)

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**6. AI for Work or Personal Use**

When you use AI, do you use it...?

*Among those who use AI*

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Mostly for work	13%	13%	12%	12%	15%	15%	7%	19%	10%	11%
Mostly for personal use	61%	58%	64%	54%	50%	65%	84%	53%	62%	65%
About equally work/personal	26%	29%	23%	34%	34%	20%	9%	28%	28%	24%
Totals	100%	100%	99%	100%	99%	100%	100%	100%	100%	100%
Weighted N	(1,396)	(713)	(683)	(361)	(401)	(416)	(218)	(381)	(494)	(397)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Mostly for work	13%	17%	12%	10%	13%	8%	12%	7%	21%
Mostly for personal use	61%	56%	62%	64%	63%	61%	64%	75%	48%
About equally work/personal	26%	27%	26%	26%	24%	31%	24%	18%	31%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(1,396)	(411)	(488)	(403)	(858)	(178)	(230)	(458)	(400)

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### 7. Will Technology Companies Use AI in Appropriate Way

In general, do you think AI technology companies will, or will not, make sure that AI is used in appropriate ways?

	Gender			Age				Ideology		
	Total	Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Certainly will	6%	8%	5%	14%	8%	3%	2%	5%	6%	10%
Probably will	31%	33%	29%	33%	35%	29%	26%	22%	34%	33%
Probably will not	44%	39%	49%	36%	36%	49%	56%	44%	46%	43%
Certainly will not	18%	20%	17%	17%	21%	19%	15%	29%	14%	14%
Totals	99%	100%	100%	100%	100%	100%	99%	100%	100%	100%
Weighted N	(2,498)	(1,215)	(1,284)	(525)	(631)	(814)	(529)	(635)	(823)	(743)

	Party ID			Race			White by Education		
	Total	Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Certainly will	6%	7%	4%	10%	5%	11%	10%	4%	7%
Probably will	31%	26%	28%	36%	28%	34%	37%	29%	25%
Probably will not	44%	45%	46%	43%	48%	41%	36%	51%	45%
Certainly will not	18%	22%	22%	11%	19%	14%	17%	16%	23%
Totals	99%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,498)	(711)	(861)	(719)	(1,569)	(311)	(401)	(973)	(596)

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**8A. Comfortable with AI Doing These Things for You — Making health and medical diagnoses**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	15%	18%	12%	17%	18%	13%	11%	13%	13%	20%
Not comfortable	67%	63%	72%	64%	62%	70%	73%	73%	66%	68%
Neither/not sure	18%	19%	16%	19%	20%	17%	16%	14%	21%	12%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,492)	(1,213)	(1,280)	(522)	(629)	(814)	(528)	(636)	(821)	(741)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	15%	14%	13%	19%	13%	17%	17%	11%	16%
Not comfortable	67%	72%	65%	68%	70%	62%	63%	71%	69%
Neither/not sure	18%	14%	22%	13%	17%	21%	20%	18%	15%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,492)	(709)	(860)	(718)	(1,566)	(308)	(401)	(970)	(596)

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**8B. Comfortable with AI Doing These Things for You — Finding things online**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	70%	74%	67%	68%	75%	67%	70%	70%	74%	73%
Not comfortable	18%	16%	19%	20%	14%	18%	19%	19%	15%	17%
Neither/not sure	12%	10%	14%	11%	11%	14%	11%	11%	11%	10%
Totals	100%	100%	100%	99%	100%	99%	100%	100%	100%	100%
Weighted N	(2,496)	(1,213)	(1,282)	(525)	(631)	(814)	(526)	(635)	(822)	(742)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	70%	72%	68%	76%	71%	67%	71%	65%	80%
Not comfortable	18%	17%	19%	14%	18%	16%	16%	22%	12%
Neither/not sure	12%	10%	12%	9%	11%	17%	13%	13%	8%
Totals	100%	99%	99%	99%	100%	100%	100%	100%	100%
Weighted N	(2,496)	(709)	(860)	(719)	(1,567)	(312)	(399)	(971)	(596)

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**8C. Comfortable with AI Doing These Things for You — Correcting and proofreading text**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	64%	66%	61%	64%	69%	63%	58%	63%	66%	67%
Not comfortable	23%	21%	25%	25%	19%	22%	28%	26%	22%	21%
Neither/not sure	13%	12%	14%	11%	12%	15%	14%	11%	12%	12%
Totals	100%	99%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,496)	(1,214)	(1,282)	(524)	(629)	(815)	(529)	(636)	(822)	(743)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	64%	64%	62%	69%	63%	61%	67%	58%	72%
Not comfortable	23%	24%	24%	20%	25%	20%	20%	28%	18%
Neither/not sure	13%	12%	13%	11%	12%	18%	13%	14%	10%
Totals	100%	100%	99%	100%	100%	99%	100%	100%	100%
Weighted N	(2,496)	(709)	(861)	(720)	(1,569)	(311)	(401)	(973)	(596)

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**8D. Comfortable with AI Doing These Things for You — Handling finances and investments**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	15%	18%	12%	22%	20%	11%	9%	16%	14%	17%
Not comfortable	66%	63%	68%	58%	60%	69%	75%	70%	65%	69%
Neither/not sure	19%	18%	20%	19%	20%	20%	16%	14%	21%	14%
Totals	100%	99%	100%	99%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(1,214)	(1,281)	(523)	(631)	(813)	(528)	(635)	(821)	(743)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	15%	15%	13%	18%	14%	20%	19%	12%	17%
Not comfortable	66%	70%	65%	67%	69%	53%	62%	70%	68%
Neither/not sure	19%	15%	21%	15%	17%	27%	19%	18%	15%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(708)	(861)	(719)	(1,566)	(312)	(399)	(971)	(596)

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**8E. Comfortable with AI Doing These Things for You — Driving your taxi or rideshare**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	13%	18%	9%	19%	17%	10%	8%	17%	12%	14%
Not comfortable	73%	67%	78%	64%	67%	78%	82%	73%	73%	74%
Neither/not sure	14%	15%	12%	17%	16%	12%	10%	10%	15%	12%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,496)	(1,215)	(1,281)	(525)	(631)	(815)	(527)	(636)	(822)	(743)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	13%	16%	11%	15%	11%	18%	14%	9%	14%
Not comfortable	73%	74%	75%	72%	77%	64%	66%	80%	72%
Neither/not sure	14%	10%	14%	13%	12%	18%	19%	11%	13%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	99%
Weighted N	(2,496)	(710)	(861)	(718)	(1,566)	(312)	(401)	(972)	(594)

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**8F. Comfortable with AI Doing These Things for You — Filing your taxes**

Would you be comfortable, or not comfortable, with AI doing these things for you, instead of a person?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Comfortable	24%	28%	20%	26%	28%	22%	19%	23%	24%	26%
Not comfortable	58%	53%	63%	54%	54%	60%	64%	62%	57%	60%
Neither/not sure	18%	19%	17%	20%	18%	17%	17%	15%	19%	14%
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%
Weighted N	(2,490)	(1,209)	(1,281)	(525)	(628)	(814)	(524)	(636)	(820)	(738)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Comfortable	24%	24%	23%	27%	23%	27%	26%	21%	26%
Not comfortable	58%	61%	59%	58%	61%	47%	56%	62%	59%
Neither/not sure	18%	15%	18%	15%	16%	26%	18%	17%	15%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,490)	(709)	(858)	(716)	(1,561)	(310)	(401)	(972)	(590)

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**9. Should Government Policy Promote or Restrict AI**

Should U.S. government policy with regard to AI (Artificial Intelligence) in the United States generally be to promote use and development of AI, restrict use and development of AI, or not take a position either way?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Promote use and development of AI	24%	31%	18%	30%	29%	20%	19%	21%	25%	32%
Restrict use and development of AI	42%	37%	46%	38%	35%	46%	47%	55%	40%	38%
Not take position either way	34%	32%	36%	32%	36%	34%	34%	24%	35%	30%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(1,214)	(1,281)	(525)	(629)	(812)	(529)	(635)	(823)	(743)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Promote use and development of AI	24%	20%	23%	33%	23%	30%	24%	20%	28%
Restrict use and development of AI	42%	51%	42%	36%	44%	33%	38%	44%	44%
Not take position either way	34%	28%	35%	31%	33%	36%	37%	36%	28%
Totals	100%	99%	100%	100%	100%	99%	99%	100%	100%
Weighted N	(2,495)	(711)	(861)	(718)	(1,568)	(310)	(400)	(972)	(595)

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**10. Impact of AI on Number of Jobs Available in the U.S.**

Do you think that AI (Artificial Intelligence) will increase, decrease, or not have any impact on the number of jobs available in the U.S.?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Increase	19%	21%	16%	24%	18%	17%	16%	15%	16%	24%
Decrease	66%	63%	69%	58%	66%	68%	71%	76%	68%	61%
Have no effect	15%	16%	15%	18%	16%	15%	13%	9%	15%	15%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%
Weighted N	(2,495)	(1,212)	(1,284)	(523)	(629)	(815)	(528)	(635)	(821)	(744)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Increase	19%	18%	15%	23%	14%	30%	25%	14%	15%
Decrease	66%	72%	69%	62%	71%	51%	63%	71%	70%
Have no effect	15%	10%	16%	15%	15%	19%	12%	15%	15%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,495)	(711)	(857)	(720)	(1,567)	(312)	(399)	(971)	(596)

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**11. Should Military Use AI for Intelligence Data**

In general, do you think the U.S. military should or should not use AI to analyze military and intelligence data?

	Total	Gender		Age				Ideology		
		Male	Female	Under 30	30-44	45-64	65+	Liberal	Moderate	Conservative
Should	47%	56%	40%	42%	48%	46%	54%	36%	49%	62%
Should not	53%	44%	60%	58%	52%	54%	46%	64%	51%	38%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,490)	(1,211)	(1,279)	(521)	(628)	(813)	(527)	(633)	(819)	(742)

	Total	Party ID			Race			White by Education	
		Dem	Ind	Rep	White	Black	Hispanic	No Degree	4yr Degree+
Should	47%	38%	46%	63%	50%	41%	45%	45%	59%
Should not	53%	62%	54%	37%	50%	59%	55%	55%	41%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%
Weighted N	(2,490)	(709)	(856)	(718)	(1,560)	(311)	(401)	(969)	(591)

# HOW THE POLL WAS CONDUCTED AND THE MARGIN OF ERROR CALCULATED

The CBS News/YouGov survey of 2,500 adults in the U.S. was conducted between March 16-19, 2026.

This sample was weighted according to gender, age, race, and education based on the U.S. Census American Community Survey, and the U.S. Census Current Population Survey, and 2024 Presidential vote. Respondents were selected to be representative of adults nationwide. The weights range from 0.1 to 5.0, with a mean of 1 and a standard deviation of 0.5.

The *margin of error* (a 95% confidence interval) for a sample percentage  $p$  based upon the entire sample is approximately  $\pm 2.2$  points. It is calculated using the formula

$$\hat{p} \pm 100 \times \sqrt{\frac{1 + CV^2}{n}}$$

where CV is the coefficient of variation of the sample weights and  $n$  is the sample size used to compute the proportion. This is a measure of sampling error (the average of all estimates obtained using the same sample selection and weighting procedures repeatedly). The sample estimate should differ from its expected value by less than margin of error in 95 percent of all samples. It does not reflect non-sampling errors, including potential selection bias in panel participation or in response to a particular survey.