



## **Chicken Fra Diavolo**

### **Ingredients:**

1/4 cup olive oil

1/2 medium white onion, cubed

1 long Italian green pepper, diced

8 oz. tomatoes, chopped

6 oz. orzo pasta

2 chicken breasts, grilled and cubed

### **Directions:**

Cook pasta in a pot of salted, boiling water for 7 - 9 minutes

Heat oil in saute pan, then add onion and green peppers

Saute 4 minutes, then add chopped tomato

Allow the mixture to reduce by 30-40%

Season with red pepper flakes, salt and pepper to taste

Add cooked, cubed chicken to pan, reduce heat to low, and cover the pan

Cook 5 to 8 minutes, then serve over a bed of orzo pasta.

