



Guacamole Dip

Ingredients:

3 Hass Avocados

4 oz. Red Onion (chopped)

1 oz. Jalapeno

2 oz. Red Bell Peppers (chopped)

2 oz. Cilantro

4 Garlic Cloves (minced)

¼ c. Olive Oil

Juice From 1 Lemon

Preparation:

Use a fork to mash avocados, leaving chunks. Chop onion, jalapeno, bell peppers, cilantro and garlic. Add to avocado.

Mix ingredients and add lemon juice.

Enjoy!

