



## **Red Beans and Rice**

### **Ingredients:**

3 oz green bell pepper, diced  
3 oz orange bell pepper, diced  
6 oz cooked rice  
2 Andouille sausage links  
3 gloves garlic  
½ medium onion  
12 oz kidney beans, drained  
Cajun spices to taste  
Pinch of oregano and thyme

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### **Directions:**

Sautee the peppers, with garlic, onions and add sausage links.

Let simmer on low heat for about 5-8 minutes then add cooked rice, vegetable stock, and let simmer together a few minutes longer, stirring occasionally.

Add Cajun spices, mix them up with herbs.

