

### **Chocolate Decadence French Toast**

## **Components**

Chocolate Yogurt Loaf (or store bought chocolate pound cake)

Strawberry Nut Sauce

Devonshire Cream

Chocolate Sauce

French Toast Batter

French Toast

# **Chocolate Yogurt Loaf** (if making your own, prepare the previous day)

I ½ cups of sugar

3/4 cup butter

2 teaspoons salt

1 3/4 teaspoons baking soda

I 1/2 cups egg whites

I 1/2 cups plain yogurt

I ½ cups flour

½ cup cocoa powder

1/4 cup chocolate chips

#### Method

- 1. Pre-heat the oven to 375 degrees and grease the loaf pan.
- 2. In a mixer, combine the sugar, butter, salt, and baking soda; mix on high speed for 5 minutes.

- 3. Add the egg whites slowly, scraping the bowl after each addition. Don't over-mix; just make sure all ingredients are well combined.
- 4. Add the yogurt and mix thoroughly.
- 5. Sift the flour and cocoa powder and add to the wet mixture.
- 6. Pour into greased loaf pan and bake for 20 minutes.
- 7. Remove and cool on a baking rack.

## **Strawberry Nut Sauce**

1/4 pound unsalted butter (room temperature)

1/4 pound light brown sugar

2 pints strawberries (sliced)

4 tablespoons pistachios

## **Method**

- 1. Melt butter in medium size sauté pan over low heat, then add sugar and heat until dissolved.
- 2. Add sliced strawberries and pistachios and sauté for I minute; set aside.

### **NORMA'S** Devonshire cream

½ cup heavy cream

½ cup Devonshire cream (If Devonshire cream is not available, use an additional ½ cup heavy cream)

4 tablespoons powdered sugar

#### Method

- I. Combine all ingredients.
- 2. Whip on medium speed until peaks are formed.

#### **Chocolate Sauce**

2 cups dark chocolate chips

#### **Method**

Using a double boiler, melt the chocolate chips approximately 5-8 minutes; set aside while keeping warm.

### **French Toast Batter**

4 eggs

3/4 cup sugar

- I teaspoon vanilla extract
- 1/2 tablespoon cinnamon
- 2 cups heavy cream
- 1/2 tablespoon Grand Marnier
- 4 tablespoons clarified butter (regular butter can be used if clarified butter is not available)

### **Method**

- 1. In a large mixing bowl, whisk the eggs, sugar, vanilla, and cinnamon.
- 2. Add the heavy cream and Grand Marnier; set aside.

### French Toast

I chocolate yogurt loaf

French toast batter

- I. Slice bread into ½" slices.
- 2. Soak bread thoroughly with French toast batter. Drain the excess batter.
- 3. Cook over medium heat in a non-stick pan for approximately 2 minutes on each side or until golden brown.

## **Assembly**

- 1. Place one piece of toast on a plate and top with strawberry nut sauce.
- 2. Repeat two additional times until you have built your "tower of toast"; top it off by covering with the remaining strawberry nut sauce.
- 3. Drizzle chocolate sauce on top of the tower and finish with a dollop of NORMA'S Devonshire Cream.