



Broccoli Side Dish

1 head of broccoli, stalk peeled
2 tbsp extra virgin olive oil
salt and pepper to taste
1/2 cup sliced almonds
juice from 1 lemon
1/2 cup crumbled feta
pinch of red pepper flakes

In a medium pan, add the florets of the broccoli, and peeled stalk with extra virgin olive oil and garlic. Heat together for about 7 minutes and add almonds and lemon juice. Allow it all to cook until almonds have begun to brown and toss with crumbled feta. Top with red pepper flakes.

(NOTE: Prep times can vary by equipment. Be sure to check that meat is fully cooked.)

