



## **Light tuna salad**

### **Ingredients:**

6 oz tuna, in water  
10 mixed olives, pitted and seasoned  
pinch of salt  
2 tbsp scallions  
1/2 cup parsley leaves  
1 cup hummus  
2 oz olive oil  
pepper to taste  
10 grape tomatoes, halved  
1 lemon, juiced.

### **Directions:**

In a large bowl, mix tuna, olives, salt and scallions. Separately in a small bowl whisk together hummus and olive oil until it's creamy. Add more olive oil if hummus is too thick.

Mix in hummus with tuna and stir in tomatoes and pepper. Squeeze lemon in bowl, mix and serve.

