



Salmon with Peas

Ingredients:

1 filet of salmon, grilled

salt and pepper

3 tbsp olive oil, divided

juice of 1 lemon

2 cloves garlic, minced

zest of 1 lemon

1 cup heavy cream

1 shallot, minced

1 cup peas.

Directions:

Season salmon with salt and pepper, and brush with 1 tbsp olive oil. Grill salmon on medium heat for about 10 minutes and remove from heat. Squeeze lemon juice on top of fish.

In a sauce pan, heat olive oil over medium heat and cook garlic for 1 minute. Add in lemon zest and cook for an additional minute. Slowly pour in cream, reduce to a low heat and add peas. Cook for about 3 minutes.

Pour sauce over salmon and serve.

