



Zucchini Side Dish

1 onion, sliced
2 oz. extra virgin olive oil
Splash of chicken stock
2 zucchini's, sliced
Red pepper flakes
Salt and pepper to taste

In sauté pan, heat up onions with olive oil and chicken stock for about 20-25 minutes on low heat. Add in zucchini; bring heat up to medium and sauté for another 10 minutes. Season with pepper, salt, and red pepper flakes.

(NOTE: Prep times can vary by equipment. Be sure to check that meat is fully cooked.)

