



## **Chicken and Pasta**

### **Ingredients:**

2 Chicken Breasts

1 c. Tomato Sauce

6 oz. Mushrooms

1 Cubanelle peppers

3 Garlic Cloves

2 oz. Extra Virgin Olive Oil

3 oz. Italian Parsley

Basil

6 oz. Pasta Shells

Pinch of Dried Oregano

2 oz. Parmesan cheese.

### **Preparation:**

In a pot of salted boiling water add the pasta. In a saute pan heat oil and then add garlic.

Add chicken breast and brown both sides. Add tomato sauce, mushrooms and peppers and let simmer for 20 minutes. Add pasta water as needed and season as you go.

Serve over the pasta and add basil and cheese.

