

Tuna Pasta

Ingredients

1/2 lb rigatoni5 oz tuna in oil8 oz Sicilian tomato sauce1/2 white onion4 oz baby arugulared pepper flakessalt and pepper to taste

Preparation

Cook pasta according to directions on package.

Heat a medium saute pan with extra virgin olive oil, cook onions until translucent.

Add in tomato sauce and tuna, reduce to a simmer.

After a few minutes of cooking together, stir in pasta.

Once pasta is coated with sauce add arugula.

Allow the arugula to wilt, about 1-2 minutes and serve hot.

(NOTE: Prep times can vary by equipment. Be sure to check that meat is fully cooked.)

