# 2019 Alameda County Hot Weather and Homelessness Cooling Centers Locations

#### Be careful in the Summer Heat!

Extremely hot weather can be very harmful to homeless people – it can be just as bad -- or worse -- than the cold.

You can find up-to-the-moment heat-related National Weather Service weather info here: https://www.wrh.noaa.gov/wrh/heatrisk/?wfo=hnx

**Symptoms of Heat-Related Illness:** Extremely high body temperature (103°+), difficulty breathing, red hot dry skin (no sweating), dizziness, fatigue, rapid pulse, nausea, confusion, faintness, headaches, muscle cramps, unconsciousness.

If you experience these symptoms seek medical attention.

- **Be Careful!** Heat and sun are threats to aging folks, babies and children, disabled persons, folks with medical conditions or who take medication, and folks who drink or use drugs.
- Be Aware! Check on your neighbors, especially unhoused folks. If you see someone passed out or in bad shape, don't think they're "just drunk" -- they could be suffering or dying from heat and sun. Check in with them, and see if they are OK. If you need, call 911 and get them help!
- Wellness Checks! Outreach agencies and concerned neighbors should reach out to people that they know could be at risk. Bring water, and check in with folks to make sure that they are ok in the heat.
- **Water!** People on the streets don't have ready access to water. It is both compassionate and useful to provide bottled water to people, in addition to sunscreen, hats and umbrellas for protection.

**Animals!** Pets will suffer from heat, give them shade to rest in and plenty of water.

**Cooling Center!** A cooling center is a facility, such as a senior center, community center or library, where people may go to get out of life-threatening heat during a heat wave. Cooling centers are for everyone, especially those at risk of getting a heat-related illness.

Please call the cooling center nearest you for hours of operation during hot weather.

For the most updated information, please check at:

https://www.achch.org/heat-emergency-resources.html

For Contra Costa County check at: https://cchealth.org/

## Oakland:

Location	Address & Phone	Hours
North Oakland Senior Center	5714 Martin Luther King Jr Way	Monday - Friday,
	510-597-5085	9 am - 4:30 pm
St. Vincent DePaul Center	2272 San Pablo Ave	Tuesday-Saturday 9:30-3pm
	Oakland 510-638-7600	Not air conditioned but water and a
		place in the shade.
Fruitvale-San Antonio Senior Center	3301 E 12th Street, Suite 201	Monday - Friday,
	Oakland	9 am - 5 pm
	510-535-6123	
Asian Branch Library	388-9 <sup>th</sup> Street/Franklin Oakland	Mon, Thur, Fri, Sat: 10am-5:30pm
	510-238-3400	Tue, Wed: 10am-8pm
		Sun Closed
César E. Chávez Branch Library	3301 E.12 <sup>th</sup> St 2 <sup>nd</sup> Floor Oakland	Mon, Thur, Fri, Sat: 10-5:30pm
	510-535-5620	Tue, Wed: 10-8pm
		Sunday: Closed
Brookfield Branch Library	9255 Edes Ave. Oakland	Mon, THur, Fri, Sat: 10-5:30
	(510) 615-5725	Tue, Wed 10-8pm
		Sunday: Closed
Dimond Branch Library	3565 Fruitvale Ave. Oakland	Mon, Thur, Fri, Sat: 10am-5:30pm
	(510) 482-7844	Tue, Wed: 10am-8pm
		Sun Closed
Eastmont Branch Library	7200 Bancroft Ave., Ste. 211	Mon 9am-7pm;
	(510) 615-5726	Tue, Wed, Thur, Fri : 9am-5:30pm
		Sat, Sun: Closed
Piedmont Avenue Branch	80 Echo Ave/Piedmont Ave	Mon, Thur, Fri, Sat: 10-5:30pm
	510-597-5011	Tue, Wed: 10-8pm
		Sunday: Closed
Eastmont Town Center Shopping	7200 Bancroft Ave Oakland	All Week 8am-7pm
Mall	510-632-1131	

## **Berkeley**

Location	Address & Phone	Hours
Berkeley Drop-In Center (BDIC)	3234 Adeline St.	Mon - Thurs 9am 4p.m.
	Berkeley (510) 653-3808	Fridays 9a.m 2:00 p.m.
BOSS Multi-Agency Service Center	1931 Center St.	Mondays - Fridays
(MASC)	Berkeley, CA 94704	8:00 a.m Noon
	(510) 843-3700	
Women's Daytime Drop-In Center	2218 Acton St.	Mondays - Fridays 8-4pm Women
	Berkeley (510) 548-2884	and children only.
Youth Spirit Artwork	1740 Alcatraz Avenue	Youth under 24 yrs. Mon - Fri
	Berkeley	8:30am- 6:30pm.
Berkeley Central Library	2090 Kittredge St. (at Shattuck)	Mon-Sat 10-6pm
	Berkeley	Sun: 1-5pm
Berkeley Claremont Library	2940 Benvenue Ave	Mon-Sat 10-6pm

Berkeley West Branch Library	1125 University Ave. (at San	Mon-Sat 10-6pm
	Pablo)	
South Berkeley Senior Center	2939 Ellis Street	55+ yrs old; 8-3pm MF
	Berkeley 510-981-5170	

#### Alameda

Location	Address & Phone	Hours
Alameda Free Library	1550 Oak Street Alameda 510-747-7777	Mon-Tue: 12 pm – 8 pm Wednesday: 10 am – 8 pm Thurs-Fri: 10 am – 5 pm Saturday: 10 am – 5 pm Sunday: 1 pm – 5 pm Closed Holidays
Mastick Senior Center	1155 Santa Clara Avenue 510-747-7500 (Lobby) 510-747-7506 (Office)	Monday – Friday: 8:30 am – 4:00 pm May extend hours during heat emergency
Bay Farm Island Library	3221 Mecartney Rd Alameda 510-747-7787	Mon: 10 am-6 pm Tues: 12-8 pm Wed: 10 am-6 pm Thur: 10 am-5 pm Fri-Sun Closed Sat: 10 am-5 pm

## **Albany**

Location	Address & Phone	Hours
Albany Library	1247 Marin Ave. Albany,	Tue, Wed: 12-8pm
	510-526-3720	Mon, Thur 12-6pm
		Sat 10-5, Sun 1-5pm
Albany Community Center	1249 Marin Avenue Albany	M,Tu: 8:30-6:30pm
		Wed, Thur: 8:30-5pm
		Friday 8:30-noon
Albany Senior Center	846 Masonic Ave, Albany	M-F 8:30am – 5pm
	510-524-9122	

## Emeryville

Location	Address & Phone	Hours
Emeryville Senior Center	4321 Salem Street	Mon-Fri 9-5pm
	Emeryville (510) 450-7813	

#### San Leandro

City Cooling Center announcement: <a href="http://www.sanleandro.org/depts/rec/cooling">http://www.sanleandro.org/depts/rec/cooling</a> center.asp

Tel: 577-3462

Location	Phone	Hours
San Leandro Public Library	300 Estudillo Avenue,	Monday - Friday, 10 am - 7 pm
	San Leandro 510-577-3971	AC transit #89 reaches both;
		Flex Shuttle also available M-F.

Marina Community Center	15301 Wicks Blvd, San Leandro	Monday - Friday,
510-577-3462	510-577-6080	11:00 am - 7:00 pm
		Call before coming in
Ashland Community Center	1530 167 <sup>th</sup> Ave	12 noon – 8pm during heat
	San Leandro	emergencies
REACH Ashland Youth Center	16355 E.14 <sup>th</sup> Street San Leandro	Mon-Fri 9am-7pm
	510-481-4500	Youth drop in center and services
Manor Branch Library	1241 Manor Blvd San Leandro	Mon-Fri: 12-8pm; Sat 10-5pm; Sun
	510-577-7971	Closed
Mulford-Marina Branch Library	13699 Aurora Dr. San Leandro	Closed: Tues, Th, Sat, Sun
	510-577-7976	Open: Mon, Weds, Fri 2-6pm
San Leandro Senior Community	13909 E.14 <sup>th</sup> St San Leandro	Seniors. Mon-Fri 9-5pm
Center	510-577-7990	
South Branch Library	14799 E.14 <sup>th</sup> St San Leandro	Closed: Mon, Wed, Fri, Sun. Open:
	510-577-7980	Tues 2-6pm; THur2-6pm; Sat 1-5pm
Bayfair Center Shopping Mall	15555 E.14 <sup>th</sup> St San Leandro	All Week; 10am -8pm
	510-357-6000	

## **Castro Valley**

Hayward Area Recreation and Park District Castro Valley, Hayward, San Lorenzo 510-881-6700 www.haywardrec.org

Location	Address & Phone	Hours
Kenneth C. Aitken Senior Center	17800 Redwood Road	Open 12-4pm, may extend hours
	Castro Valley, CA 94546	during heat emergency
	510-881-6738	
First Presbyterian Church	2490 Grove Ave/Redwood Rd	Church offices open to unsheltered
	Castro Valley	persons during heat emergencies
	510-581-6203	9-4pm Mon-Thursday.
Castro Valley Library	3600 Norbridge Avenue, Castro	Sun, 1 pm - 5 pm
	Valley, 510-667-7900	Mon and Tue, 12 pm - 8 pm
		Wed and Thur,10 am- 6 pm
		Friday, closed Sat, 10 am - 5 pm
Castro Valley Community Center	18988 Lake Chabot Road, Castro	Splash Park 12-6pm extra hours
	Valley (510) 881-6723	during heat emergency

#### San Lorenzo

San Lorenzo Community Center	1970 Via Buena Vista,	11am-6pm, may extend hours during
	San Lorenzo (510) 881-6723	heat emergency
San Lorenzo Library	395 Paseo Grande	Sunday, 1-5 pm
	San Lorenzo, 510-284-0640	Mon & Tues: 12-8 p.m.
		Wed & Thurs: 10 a.m. – 6 p.m.
		Friday: Closed
		Saturday: 10 a.m. – 5 p.m.

## Hayward

Location	Address & Phone	Hours
Cannery Park	125 B Street, Hayward	Splash Park 12-6pm extra hours
		during heat emergency
Matt Jimenez Community Center	28200 Ruus Rd	12-8pm during heat emergency
	Hayward (510) 887-0400	Saturday 12-8pm
Hayward City Hall Rotunda	777 B Street Hayward	10am-5pm
	510-583-4000	
Hayward Main Library	<del>835-C Street</del>	M-Th 11am-8pm; Fri-Sat 10-5pm
Under Construction Opening Soon	Hayward (510)293-8685	
Hayward Weekes Library	27300 Patrick Ave	M-Th 11am-8pm; Fri-Sat 10-5pm
	S. Hayward (510) 782-2155	
South Hayward Parish	27287 Patrick Ave S. Hayward	7-days a week 7:30am-5:30pm
	(510) 785-3663	
Southland Shopping Mall	1 Southland Mall Hayward	All Week; 10am-9pm
	510-782-3527	

#### **Fremont**

Location	Address & Phone	Hours
Fremont Senior Center	40086 Paseo Padre Parkway	Monday - Friday,
	510-790-6600	8 am - 5 pm
Fremont Main Library	2450 Stevenson Blvd.	Sunday, 1 pm - 5 pm
	510-745-1401	Mon & Tue 1-9pm; W 12-6; Th-Fri 11-6;
		Sat 10-5
Irvington Library	41825 Greenpark Dr.	Wednesday, 10 a.m 5 p.m.
	510-608-1170	
Centerville Library	3801 Nicolet Ave	Sun, Mon, Wednesday, Friday: Closed
	510-795-2629	Tuesday: 1-8 p.m.
		Saturday, Thursday: 10 a.m -5 p.m.
Niles Library	150   Street, Fremont	Friday, 10 am - 5 pm
	510-284-0695	(no Air Conditioning)
Fremont Family Resource Center	39155 Liberty St.	Monday - Friday,
	510-574-2000	8 am - 5 pm

#### Newark

Location	Phone	Email
Newark Library	6300 Civic Terrace Avenue 510-795-2627	Sun 1-5 p.m. Mon & Tue, 12 pm - 8 pm Wed & Thur, 10 am - 6 pm Friday, Closed Sat, 10 am - 5 pm
Newark Senior Center	7401 Enterprise Drive 510-284-0675	Monday - Friday, 9 a.m 3p.m.
Newpark Shopping Mall	2086 Newpark Mall Newark 510-794-5523	Mon-Fri 10am-9pm

## **Union City**

Location	Address & Phone	Hours
Ruggieri Senior Center	33997 Alvarado-Niles Rd	Monday - Friday,
	510-675-5495	9 am - 4 pm Labor Day weekend: Sat 9-6
		Sun9-1 Mon 1-5pm
Union City Library	34007 Alvarado Niles Road	Sun, 1 -5pm; Mon 10- 6 pm
	510-745-1464	Tues 1 -8 pm; Wed 10 - 8 pm
		Thurs 1- 8 pm; Fri 2- 6 pm
		Sat, 10- 5 pm
Holly Community Center	31600 Alvarado Blvd	Monday - Friday,
	510-675-5488	9 am - 4 pm
		Closed every other Friday (call first)
Union City Sports Center	31224 Union City Blvd.	Monday - Friday, 5:30 am - 9 pm
	510-675-5808	Saturday, Sunday, 7 am - 3 pm
Kennedy Youth Center	1333 Decoto Road	M-F 9am-noon; 1-6pm
	510-675-5329	Closed every other Friday (call first)

#### Pleasanton

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Location	Address & Phone	Hours
Pleasanton Senior Center	5353 Sunol Blvd.	Tuesday - Thursday,
	925-931-5365	9 a.m 10 p.m.
Pleasanton Public Library	400 Old Bernal Ave	Mon-Thurs 10am-9pm; Fri-Sat 10-5pm
	Pleasanton (925) 931-3400	Sunday Noon-5pm
Stoneridge Shopping Mall	1 Stoneridge Mall Rd	All week 10am-9pm
	Pleasanton 925-737-4100	

#### Dublin

Dublin Cooling Centers: <a href="http://www.dublin.ca.gov/1929/Cooling-Centers">http://www.dublin.ca.gov/1929/Cooling-Centers</a>

Location	Address & Phone	Hours
Dublin Library	200 Civic Plaza	Sun 1- 5 pm
	925-828-1315	Mon-Thurs: 10 am - 8 pm
		Friday: Closed
		Saturday: 10 am - 5 pm
Shannon Community Center	11600 Shannon Avenue	8:00 a.m 5 p.m., Monday through
	(925) 556-4500	Friday; 8 a.m 7 p.m. on Thursdays; and
		9 a.m. to noon on Saturdays. air-
		conditioned lobby
Dublin Senior Center	7600 Amador Valley Blvd.	Monday - Friday, 9 am – 4 pm.
	925-556-4511	Saturday 9 am – 12 noon
The Wave at	Emerald Glen Park	11 a.m. – 6 p.m. through August 12
Emerald Glen Park	4201 Central Pkwy	Dawn to Dusk
	(925) 574-4800	
Shannon Park	11600 Shannon Ave.	Dawn to Dusk; water play areas 11 a.m.
		– 6 p.m. through Labor Day weekend

#### Livermore

Location	Address & Phone	Hours
Robert Livermore Community Center	4444 East Ave.	Monday - Friday,
	925-373-5760	9 am - 4 pm; Open Sat 9/2/17 8-6pm
Robert Livermore Aquatic Center	4444 East Ave.	Recreational Swim noon-6pm Mon-Sun
	925-373-5751	(fee charged)
Livermore Public Library	1188 S. Livermore Ave.	Monday - Thursday, 10 - 9 pm
	925-373-5500	Friday, 10 am - 6 pm
		Saturday, 10 am – 5 pm
		Sunday 12 noon - 6 pm
Rincon Library	725 Rincon Ave.	Monday, 12 noon- 8 pm
	925-373-5540	Wednesday, 10 am- 6 pm
		Friday, 10 am - 5 pm
May Nissen Swim Center	685 Rincon Avenue	M-F 1-4pm,
25 cent swimming & shower	Livermore (925) 960-2451	Sat 1-5pm closed Sun
Springtown Library	998 Bluebell Drive	Tuesday, 12 noon - 8 pm
	925-373-5518	Thursday, 10 am - 1 pm

For homeless shelter, food, and more information call Eden I&R 211

## IF A PERSON EXPERIENCING HOMELESSNESS APPEARS TO BE AT RISK, PLEASE DIAL 9-1-1