



American Diabetes Association.



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2014 Step Out: Walk to Stop Diabetes Fact Sheet

Step Out: Walk to Stop Diabetes benefits the American Diabetes Association and is the signature one-day, fundraising and awareness walk taking place in 121 cities across the United States. Participants join the Stop Diabetes® movement by registering and recruiting co-workers, friends, and family members to walk and raise money for our mission: to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

Step Out: Walk to Stop Diabetes is a celebration to honor Red Striders – walkers with type 1, type 2, gestational diabetes, or prediabetes; the fundraising accomplishments of our teams and individuals; and an opportunity to promote awareness about the seriousness of diabetes in our local community.

City Event

Sunday, September 21, 2014

Grant Park
S. Michigan Avenue & E. 9th St.
Chicago, IL
8:00am Start Time
3 miles

diabetes.org/stepoutchicago

Contact:

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Suburban Event

Saturday, September 20, 2014

Didier Farms
16678 W. Aptakisic Road
Buffalo Grove, IL
8:00am Start Time
3 Miles

diabetes.org/stepoutbg

Contact:

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Before and after each walk, please join us for a fun, family-friendly festival. At the festival you can interact with our event sponsors and learn more about healthy eating, physical activity, and diabetes.

