Minnesota’s health and fitness industry operates more than 775 facilities with 31,775 employees throughout the state with one mission—to help people live healthier lives. Life Time operates 26 large-format, multi-use clubs in the Twin Cities alone, while Self Esteem Brands and Lift Brands together support independent franchise owners of 280 Anytime Fitness and Snap Fitness locations throughout the state, including greater Minnesota. In addition, hundreds of small business owners run fitness studios, boutiques and other training facilities in Minnesota. As we reopen our facilities, we are committed to creating an environment that helps reduce risks associated with COVID-19 by implementing practices consistent with the following guidelines, all of which aim to meet the state’s public health considerations of predictability and safety.

**SHARED RESPONSIBILITY FOR REDUCING COVID-19 RISKS**

* Promote a shared understanding of health and safety measures related to COVID-19 for both members and employees through resources and training in facilities and via digital platforms

**PHYSICAL/SOCIAL DISTANCING**

* Capacity restrictions to create physical distance of at least 6’ per public health guidance
  + Overall facility capacity: 120 square feet/member
  + Class capacity: 50 square feet/member (roughly 7’ x 7’ spacing)

* Signage marking appropriate spacing on floors, equipment and other fixtures
* Dedicated equipment for class participants, while limiting contact training and sports
* Contactless financial transactions and class reservations where possible

**CLEANING | SANITATION**

* Enhanced cleaning protocols with medical-grade disinfectants, focusing on high/common use areas and equipment between uses. Water fountain use prohibited or limited to water bottles
* Increased disinfectant/sanitizer stations for members to clean equipment before/after each use

**HYGIENE | SCREENING**

* Barrier masks and gloves encouraged for both employees and members where available, subject to individual health limitations or alternative local governmental requirements
* Self-screening for symptoms associated with COVID-19 encouraged for employees and members, with advice to refrain from using or working in the facility if symptomatic
* Reporting of confirmed cases, with usage records or video where available aiding contact tracing

We value the opportunity to present these guidelines to responsibly reopen our facilities in ways that are as predicable and safe as possible, so that we can help thousands of Minnesotans regain their physical and mental health and wellbeing after this challenging period. We thank you for your leadership.