

# MAKING A POSITIVE AND LASTING IMPACT

A DECADE OF SERVICE.



A LIFETIME OF COMMITMENT.

## MISSION

To honor and empower Wounded Warriors

## VISION

To foster the most successful, well-adjusted generation of Wounded Warriors in our nation's history

## PURPOSE

To raise awareness and to enlist the public's aid for the needs of injured service members; to help injured servicemen and women aid and assist each other; and to provide unique, direct programs and services to meet their needs

## EXECUTIVE DIRECTOR

Steven Nardizzi, Esq.

## HOME BASE

Jacksonville, Florida serves as the WWP home base and is also the location of our Sacrifice Center, a museum space that uses the words of warriors and their families to tell their stories of empowerment. Additional program offices are located throughout the United States and can be found at [woundedwarriorproject.org/visit us](http://woundedwarriorproject.org/visit-us).

## ESTABLISHED

2003 in Roanoke, Virginia; relocated to Jacksonville, Florida in 2006

## HISTORY

Wounded Warrior Project® (WWP) began when several veterans and friends, moved by stories of the first wounded service members returning home from Afghanistan and Iraq, took action to help others in need. What started as a desire to provide comfort items to wounded service members at Walter Reed Army Medical Center has grown into a holistic rehabilitative effort to assist warriors with visible and invisible wounds as they recover and transition back to civilian life. Tens of thousands of Wounded Warriors, family members, and caregivers receive support each year through WWP programs.

## PROGRAMS

Our 18 programs are specifically structured to engage warriors, nurture their minds and bodies, and encourage their economic empowerment. Warrior families and caregivers are provided comfort, care, and education to help support the recovery of their Wounded Warriors. All programs are provided free of charge for warriors and their families.



### ENGAGEMENT

**Alumni** offers a wide range of programs and events designed for individuals' needs during and beyond their hospital stay. WWP Alumni offers assistance, communication, and camaraderie for Wounded Warriors as they continue life beyond injury. Throughout the year, Alumni activities include educational sessions, sporting and social events.

**Benefits Service** ensures Wounded Warriors and their families have information and access not only to government benefits, but also to our full range of programs and the community resources necessary for successfully transitioning to life after injury. A key part of this program is support and education for Wounded Warriors and their family members.

**International Support** serves warriors at Germany's Landstuhl Regional Medical Center (LRMC) and Ramstein Air Base. We also support those in the Warrior Transition Battalion (WTB) in Europe by providing many of the same programs we offer in the U.S.

**WWP Packs** contain essential care and comfort items including clothing, toiletries; all designed to make a Wounded Warrior's hospital or polytrauma center stay more comfortable. Transitional Care Packs, a smaller version, are sent directly downrange to provide immediate comfort during a Wounded Warrior's relocation to a U.S. military trauma center. The Family Support Tote offers caregivers the immediate comfort, convenience, and information to provide physical and emotional solace during a strenuous and exhausting period to family members of newly Wounded Warrior.

**Resource Center** responds to specific internal and external resource requests and proactively reaches out to Wounded Warriors and their family members to engage them in available programs and services.



## MIND

**Combat Stress Recovery Program** addresses mental health needs of Wounded Warriors and the key issues linked to combat stress including stigma and access to care. These signature, yet invisible, injuries are addressed through innovative programming and therapeutic options for the stages of the re-adjustment process like Project Odyssey and Restore Warriors.

**Project Odyssey™** uses the healing power of nature, along with support from mental health professionals and staff, to help Wounded Warriors gain perspective on life through outdoor activities and retreats.

**Restore Warriors®** ([restorewarriors.org](http://restorewarriors.org)) is an anonymous website for warriors and families looking for information and practical advice about living with combat stress and post-traumatic stress disorder (PTSD).

**Family Support** reaches out to the family members who suddenly find they are serving as full-time supporters or caregivers. WWP understands when a warrior faces challenges, the family experiences those challenges along with the warrior.

**Peer Support** is often the most positive influence during a Wounded Warrior's initial recovery. Through the friendship and understanding of a fellow Wounded Warrior, the newly injured know someone has traveled before them on the same rocky road. WWP peer mentors are trained to be resources and listeners who can share their understanding and perspective with the Wounded Warrior and their family.



## BODY

**Physical Health & Wellness** programs optimize the physical and psychological well-being of Wounded Warriors through comprehensive recreation and sports programs, physical rehabilitation, and nutrition programs. The program serves all Wounded Warriors including those with amputations, spinal cord injuries, burns, visual impairments, traumatic brain injuries (TBI), PTSD and other cognitive or mental health conditions.

**Soldier Ride®** is an initiative that provides adaptive cycling opportunities across the country to help Wounded Warriors restore their physical and emotional well-being.



## ECONOMIC EMPOWERMENT

**Education Services** provides outreach, information, and self-advocacy skills training to Wounded Warriors interested in attending or returning to school or who need support while in school. WWP also provides information and resources to help colleges, universities, and vocational programs support, accommodate, and retain student warriors.

**TRACK™** is the first whole-life approach to education for Wounded Warriors. This one-year program focuses on academic and vocational needs, including: the ability to earn up to 24 credit hours at a local college, health and wellness training, and individualized performance and goal-setting training.

**Transition Training Academy™ (TTA)** provides the opportunity for WWP Alumni to learn valuable information technology (IT) career skills with future employment opportunities. TTA has a perfected a unique, blended learning environment, designed expressly for Wounded Warriors, and allows WWP Alumni to explore the IT field as a career.

**Warriors to Work™** provides career guidance and support services to Wounded Warriors interested in transitioning to the civilian workforce. WWP specialists assist Wounded Warriors with individualized goal setting, building an effective resume, preparing for an interview, networking, access to internships, and assistance with job placement.

**Policy & Government Affairs** provides a voice to the thousands of Wounded Warriors we represent at the Federal level. WWP creates, advocates for, and helps to implement legislation that will maintain Wounded Warriors and their families far into the future and keep them informed about changes in laws and programs that will impact them.

