

Eat'n Park's 2021 Lenten Menu Features:

Family Meal Deals (Available for Takeout Only)

- **Whale of a Cod Meal Deal:** This feast includes two Whale of a Cod fish sandwiches, fresh potato chips with homemade Ranch AND a pint of (your choice):
 - Coleslaw OR Soup \$21.99
- **Baked Cod Family Meal Deal:** Four baked cod fillets, two family-sized sides, plus a loaf of Cellone's Italian bread. Side options include garden rice, broccoli, carrots, or mashed potatoes with brown gravy. \$39.99
- **Bulk Breaded Shrimp:** 10, 20, 30, or 40 butterflied shrimp with a crispy coating of panko breadcrumbs and OLD BAY® seasoning. Served with cocktail sauce. 10 for \$12.99, 20 for \$24.99, 30 for \$34.99, or 40 for \$44.99

Whale of a Cod Entrees:

- **Fisherman's Platter:** Our Whale of a Cod fillet with three crispy butterflied shrimp tossed in OLD BAY® Seasoning. Served with cocktail and tarter sauces, your choice of two sides, and Italian bread. \$13.99
- **Whale & Mac:** Our Whale of a Cod fillet served with a side of mac'n cheese. \$11.49
- **Whale of a Cod Dinner:** Our Whale of a Cod fillet. Served with your choice of two sides and Italian bread. \$11.99

Whale of a Cod Fish Sandwiches:

- **Whale of a Cod Sandwich:** Our HUGE cod fillet, hand-breaded with panko breadcrumbs, fried golden brown, and served on a Cellone's® hoagie roll. \$10.99 (1 side) or \$12.49 (two sides)
- **Deluxe Whale of a Cod Sandwich:** Served with American cheese and shredded lettuce. \$11.49 (1 side) or \$12.99 (2 sides)

Signature Shrimp Pairings:

Served with two sides, Italian bread and cocktail sauce on the side

- **Fisherman's Platter:** Our Whale of a Cod fillet with three crispy butterflied shrimp tossed in OLD BAY® Seasoning. Served with cocktail and tarter sauces, your choice of two sides, and bakery-fresh rolls. \$13.99
- **Cape Cod Platter:** Nantucket Cod served with three crispy butterflied shrimp tossed in OLD BAY® Seasoning. Served with a side of cocktail sauce. \$12.99 (1 fillet) \$15.99 (2 fillets)
- **Shrimp and More Shrimp:** Double the flavor! Six juicy shrimp scampi and three OLD BAY® Seasoned fried shrimp. \$13.99

Shrimp Selections:

Served with two sides and Italian bread (except for the Shrimp Scampi Pasta)

- **Shrimp Scampi:** Six succulent shrimp baked in scampi butter with red and green bell peppers, topped with breadcrumbs. \$12.99
- **NEW! Shrimp Scampi Pasta:** Spaghetti topped with our light cream sauce with 6 shrimp in our scampi butter with red and green bell peppers, all topped with toasty breadcrumbs and served with Garlic Toast and your choice of one side. \$13.99
- **Shrimp & Cod Scampi:** A flaky baked Cod fillet and four shrimp in scampi butter with red and green bell peppers, topped with toasty breadcrumbs. \$13.99

- **Breaded Shrimp Dinner:** Butterflied shrimp with a crispy coating of panko breadcrumbs and OLD BAY® Seasoning. Served with cocktail sauce for dipping. \$10.99 (6 pc) or \$13.99 (9 pc)

Baked Fish Favorites:

Served with two sides and bakery-fresh rolls

- **Baked Cod:** One fillet baked with buttery bread crumbs. \$10.49 (1 pc) or \$13.49 (2 pc)
- **Nantucket Cod:** Oven-baked cod stuffed with Eat'n Park's homemade blend of crabmeat, shrimp, spinach, onions, cheddar cheese, topped and baked in butter and cracker crumbs. \$10.99 (1 pc) or \$13.99 (2 pc)

Other Favorites:

- **Clam Chowder:** Available Ash Wednesday and Fridays Only! \$3.49 (Cup), \$4.49 (Bowl) or \$7.49 (Quart)

Hello Bistro's 2021 Lenten Menu Features:

These selections are available beginning February 16 (except the Thai Peanut Salmon Salad that's a current menu item.) Pricings are a la carte and for a meal. There are also catering options available.

Mediterranean Shrimp Salad: Romaine + Lemon Shrimp + Tomatoes + Cucumbers + Artichokes + Red Bell Peppers + Kalamata Olives + Chick Peas + Feta Cheese + Croutons x Lemon Vinaigrette = Seas the Day! \$10.25/\$14.25

Avocado Salmon Burger: Salmon Burger + Spring Mix + Tomato x Avocado Mayo – An Optimistic Talking Sponge = Better Than A Crabby Patty! \$8.00/\$12.00

Thai Peanut Salmon Salad: Mixed Greens + Salmon + Carrots + Red Bell Peppers + Cucumber + Edamame + Ramen Noodles + Chopped Peanuts + Chow Mein Noodles x Thai Peanut Dressing = We're Nuts About This Salad! \$10.25/\$14.25

The Porch 2021 Lenten Menu Features:

Fish Sandwich: Breaded cod, lettuce, tartar sauce, on a fresh baked Cellone's roll served with your choice of Crispy Taters or Side Caesar salad. \$14

Fish & Chips: Breaded cod, fresh cut fries, tartar sauce & lemon. \$13

Add A skewer of Shrimp to any Entrée: 5 jumbo, seasoned, grilled shrimp. \$5

Fish Sandwiches for Two (available for online ordering only): Two breaded cod sandwiches on fresh baked Cellone's roll, Crispy Taters for two and a quart of soup. \$40

Miso Cod: Sticky rice, mixed choy, shiitake mushrooms, radishes, ginger, scallions & sesame. \$24

Salmon Fried Rice: Cabbage, scallions, ginger, garlic, sesame & cilantro. \$18

Salmon Burger (offered at The Porch at Schenley only): Guacamole, crispy shallots, mixed greens, cucumber on brioche bun. \$14.

Blackened Salmon Wrap (offered at The Porch at Sienna only): Blackened salmon, petso aioli, mixed greens, tomato, cucumber, and red onion. \$14

Parkhurst Dining at Chatham University Lenten Menu Features:

Parkhurst Dining at Chatham University will be offering Fish Fryday menus throughout the Lenten season starting for pick-up on Friday, February 19. Orders will be accepted until the Wednesday prior at Noon (2/17, 2/24, 3/3, 3/10, 3/17, 3/24, & 3/31.. [Place your order through this form](#). Pick-up will be safely conducted at either the Shadyside or Eden Hall campuses between 3:00-6:00 pm on Fridays throughout lent (2/19, 2/26, 3/5, 3/12, 3/19, 3/26, & 4/2). If you have any questions please email: parkhurst@chatham.edu.

Entrée Selections

All entrees are priced per person

Clam Linguini: Clams tossed with linguini in a cream sauce. \$14.99

Cod Pizzaiolo: Baked cod with capers, onions, plum tomatoes, oregano & garlic served with choice of one side. \$15.99

Fried Fish Sandwich: Cod filet hand-breaded with Panko bread crumbs and served with choice of one side. \$10.99

Fish Platter: Cod filet hand-breaded with Panko bread crumbs served with choice of three sides. \$14.99

Gourmet Grilled Cheese Platter: A selection of 4 vegetarian gourmet grilled chesses served with a small tomato soup as a dip. (serves 2) \$19.99.

Side Options for Entrée Selections (or \$2.99 each)

Pittsburgh Coleslaw

Hush Puppies

Gouda Mac & Cheese

Fresh Cut French Fries

Seasonal Fresh Vegetables

A La Carte Items

Coleslaw - \$9.99/qt

Fresh Cut French Fries - \$11.99/ ½ pan

Garlic Bread - \$12.99/ ½ pan

Chocolate Cake - \$2.99/ slice

Mac & Cheese - \$18.99/ ½ pan
Haluski - \$10.99/ ½ pan
Caesar Salad - \$15.99/ ½ pan
Hush Puppies - \$14.99/ ½ pan
Pierogies & Onions - \$15.99/ ½ pan
Cheesecake - \$2.99/ slice
House Margarita - \$15.99/ 2 drinks * must show ID

Signature Soups

All signature soups are served by the quart with house made “dippers”

Special themed soup: New England Clam Chowder
Vegan Minestrone
Italian Wedding
Potato Leek