



MTI College Wellness Fair

* **Saturday, September 27th, 2014, 10 a.m. to 2 p.m.**
5221 Madison Avenue, Sacramento, CA 95841

* **Cost: FREE Admission and \$10 Flu Shots**

Join a community of local medical and dental professionals, health enthusiasts, **and the firefighters and their engine from Station 24** at MTI College to learn about living a healthy lifestyle, explore proactive screening for common medical ailments, and enjoy fun activities in-between.

* **Screenings and Demonstrations: Blood Pressure, Glucose, and Hand Washing**

* **Health Information: Smoking, Hygiene, Diabetes, Health Insurance, and More**

* **Services: Flu Shots (\$10, cash only), Manicures, Refreshments, and Giveaways**

QUESTIONS: CONTACT DINORAH de la ROSA AT 916-339-4351 OR E-MAIL DDELAROSA@MTICOLLEGE.EDU



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