INSIDE:

- Tracking Map
- Emergency Phone Numbers
- Safety Information

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SPECIAL NEEDS MEDICAL PLAN

- Prepare a detailed list of your medical regime
- Wear medical alert tags or bracelets to identify your disability and/or medical condition
- Have at least a month supply of your medications
- If you are a homebound patient and/or are dependent on any medical device that requires electricity, contact your physician for his or her recommendation
- If you are receiving home healthcare services, you must be sure that your home healthcare service provider has developed a special hurricane plan for you
- If you require oxygen, check with your supplier about emergency plan
- If you evacuate, remember to take your medications, written instructions regarding your care, your walker, wheelchair or cane and special equipment such as bedding

HOSPITALS ARE NOT SHELTERS

- Hospital's resources are already committed to those who need them most, and the hospital is not equipped to act as a shelter

IF YOU ARE EXPECTING

- Any pregnant woman who is two weeks from her due date (36 weeks gestation) or is considered high risk should check with her physician regarding when she should go to the hospital prior to the storm. In general, arrive no later than four hours before the hurricane makes landfall
- If you are dependant on life support systems, or any medical device which requires electricity, be aware that the power may be off for some time during and after a hurricane. You MUST therefore plan to RELOCATE EARLY for any hurricane

To receive a Medical Hurricane Preparedness Guide please call – 1-866-4 HCA DOCS

DOs AND DON'Ts

DO	have a detailed hurricane plan you're ready to follow
DO	move to a safe place as close to home as possible if ordered to evacuate
DO	tell someone outside the area where you plan to ride out the storm
DO	have enough food & water to last at least 4 days
DO	fill your car's gas tank well ahead of the storm
DO	keep all windows closed

DON'T	go near fallen powerlines
DON'T	go outside if the eye passes over you
DON'T	run generators indoors or in an attached garage
DON'T	tranquilize your pets. They must stay alert to survive
DON'T	risk getting stuck in traffic going north. Storms go north too
DON'T	get caught trying to move your boat. Move it early

Send us your Storm Photos

pics@cbsmiami.com

cbsmiami.com

SHOPPING CHECKLIST*

COOKING

- [ ] Water
- [ ] Portable camp stove or grill
- [ ] Stove fuel or charcoal, lighter fluid
- [ ] Disposable plates, cups, and utensils
- [ ] Napkins and paper towels
- [ ] Aluminum foil
- [ ] Oven mitts

EQUIPMENT AND OTHER ITEMS

- [ ] Manual can opener
- [ ] Flashlight (one per person)
- [ ] Portable battery powered lanterns
- [ ] Glass enclosed candles (only for use after the storm)
- [ ] Trash Bags
- [ ] Battery powered radio or ATSC TV
- [ ] Battery powered Cell Phone Charger
- [ ] Extra batteries, including for hearing aids
- [ ] First aid kit, including aspirin, antibiotic cream and antacids
- [ ] Sunscreen (SPF 30 or higher)
- [ ] Waterproof matches/butane lighter
- [ ] Cash
- [ ] Bleach or water purification tablets
- [ ] Collapsible water containers

PERSONAL SUPPLIES

- [ ] Prescriptions (1 month supply)
- [ ] Toilet paper
- [ ] Soap, shampoo, and detergent
- [ ] Toiletries and feminine hygiene products
- [ ] Changes of clothing
- [ ] Extra glasses or contacts
- [ ] Bedding, pillows, and sleeping bags
- [ ] Rain ponchos and work gloves
- [ ] Books, magazines, kid games, etc.

BABIES

- [ ] Disposable diapers and moist towelettes
- [ ] Formula, food

NON PERISHABLE FOODS

- [ ] Canned meats, fruits, and vegetables
- [ ] Bread in moisture proof packaging
- [ ] Cookies, candy, and dried foods
- [ ] Canned soups and milk
- [ ] Powdered or single serve drinks
- [ ] Cereal bars
- [ ] Condiments
- [ ] Peanut butter and jelly
- [ ] Instant coffee and tea

EMERGENCY PHONE NUMBERS

*The State says "pack 3 days worth of supplies"... we suggest in order "to be sure" your family will be self-sufficient after a storm, have at least 4 days of supplies.

neighbors 4 neighbors

Neighbors 4 Neighbors Phonebank

Lines open after the storm only.

305-597-4404

Twitter: @Canuhelp

neighbors4neighbors.org

Volunteers Needed!

Many local organizations depend on volunteers to help before, during and after a storm. Many require special training. Sign up now! For a complete listing of volunteer opportunities.

Go to: helpingfeelsgood.org

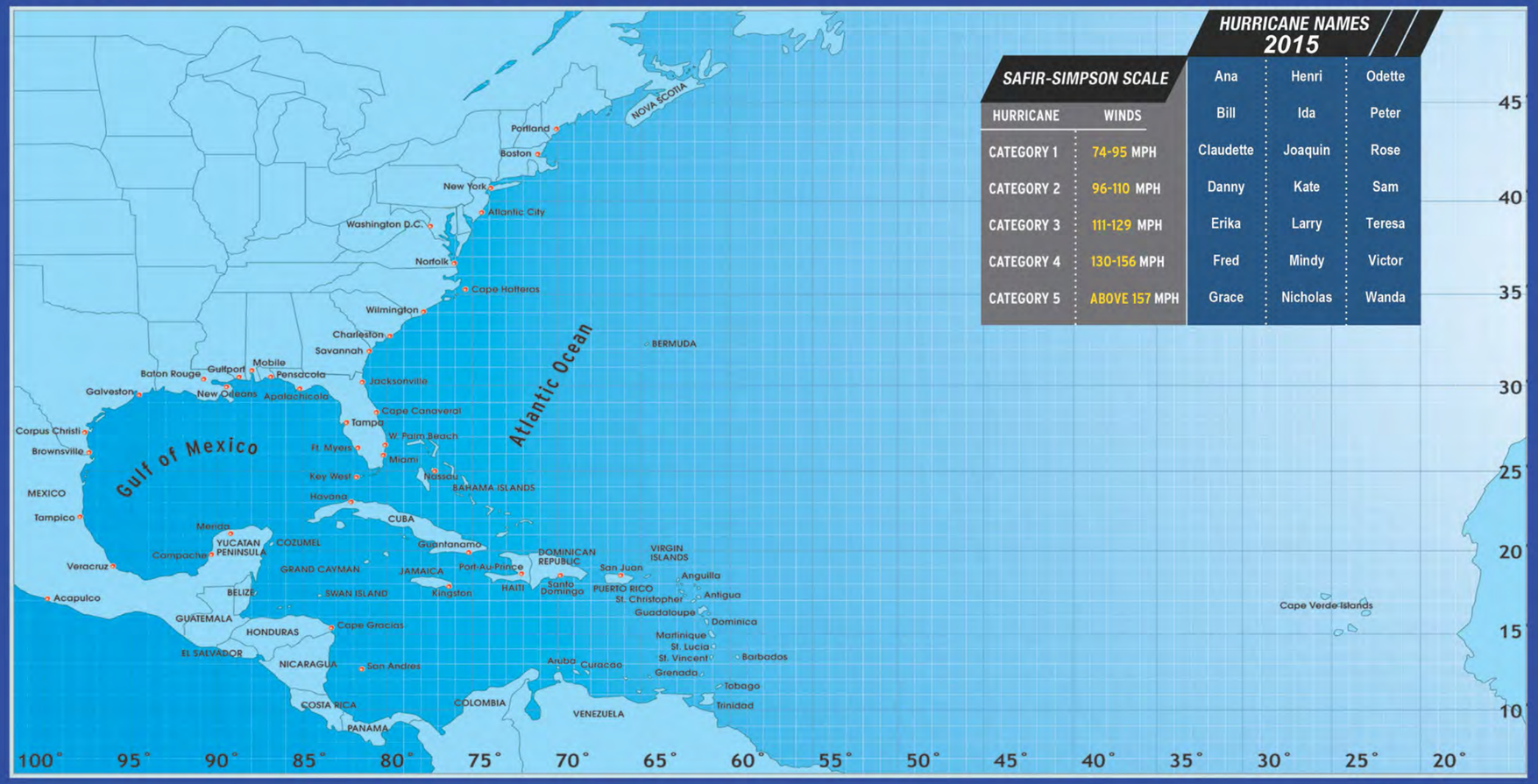
BROWARD COUNTY	**311**
Storm Information Line	954-831-4000
Emergency Mgt. Office	954-831-3900
Special Needs Registry	954-357-6385
Special Needs TDD/TTY	954-357-5608
General Assistance	211
MIAMI-DADE COUNTY	**311**
Emergency Mgt. Office	305-468-5400
Special Needs Registry	305-513-7700 or 311
TDD/TTY	305-468-5402
General Assistance	211
PALM BEACH COUNTY	
Information anytime	561-712-6400
MONROE COUNTY	
During a storm	800-955-5504
Emergency Mgt. Office	305-289-6018
Special Needs Registry	305-292-4591
FLORIDA	
Florida Div Emerg Mgmt	850-413-9969
TDD/TTY	800-226-4329

FDOT FIVE CONVENIENT WAYS FOR MOTORISTS TO RECEIVE UP-TO-DATE TRAFFIC INFORMATION:

- Call 511 toll free for updates in English and Spanish.
- Visit FL511.com, with interactive roadway maps showing traffic congestion and crashes, travel times and traffic camera views. Sign up for a "My Florida 511" account at FL511.com to create custom routes and register for email, text or phone alerts.
- Download the free Florida 511 mobile app available on Google Play or iTunes Store.
- Follow of the statewide, regional or roadway-specific FL511 feeds on Twitter.

@FL511_State @FL511_Southeast @FL511_Southwest @FL511_I75 @FL511_I95 @FL511_Turnpike

4 TRACKING MAP



SAFIR-SIMPSON SCALE

HURRICANE	WINDS
CATEGORY 1	74-95 MPH
CATEGORY 2	96-110 MPH
CATEGORY 3	111-129 MPH
CATEGORY 4	130-156 MPH
CATEGORY 5	ABOVE 157 MPH

HURRICANE NAMES 2015

Ana	Henri	Odette
Bill	Ida	Peter
Claudette	Joaquin	Rose
Danny	Kate	Sam
Erika	Larry	Teresa
Fred	Mindy	Victor
Grace	Nicholas	Wanda

Join the Team!
Sign up Now!

4 WEATHER WATCHERS

Hundreds of people, giving constant updates on actual weather

We ALL talk about weather....but now WFOR-TV has access to thousands of folks who live, eat, sleep and breathe it. WFOR is building the Weather Watcher Network. A veritable army of dedicated people, on the ground, who gather data that helps our weather team deliver the most current accurate weather information possible. It's the Network.

4 WEATHER WATCHERS

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CBS4 SEVERE WEATHER TERMS

TERMINOLOGY

TROPICAL DISTURBANCE OR TROPICAL WAVE
A disturbance in the tropics without a defined circulation.

TROPICAL DEPRESSION
A rotating system of thunderstorms in the tropics with winds of less than 39 mph.

TROPICAL STORM
A rotating system of strong thunderstorms with top sustained winds of 39 to 73 mph. Storms are named when they reach this strength.

HURRICANE
An intense, rotating tropical weather system with sustained winds of 74 mph or higher.

TROPICAL STORM WATCH
Tropical storm conditions are possible in the watch area within 48 hours.

TROPICAL STORM WARNING
Tropical storm conditions are expected in the warning area within 36 hours.

HURRICANE WATCH
Hurricane conditions are POSSIBLE in the watch area within about 48 hours. Monitor CBS4 NEWS and the CBS4 NEWS Hurricane Network radio and TV partners for information regarding the storm. Be ready to implement your hurricane preparation plans immediately if a warning is issued.

HURRICANE WARNING
Hurricane conditions are EXPECTED in the warning area within 36 hours. All preparations should be completed immediately. If you are evacuating, you should leave early to avoid traffic jams. It is strongly recommended that you stay in a safe building as close to home as possible, as opposed to driving out of South Florida.

STORM SURGE
Storm surge is the ocean rise along the coast created by hurricane force winds pushing water toward shore. Storm surge can exceed 20 feet in very strong hurricanes and the sea can travel several miles inland.

CBS4 MOBILE WEATHER LAB
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TOYOTA OF HOLLYWOOD · LEXUS OF PEMBROKE PINES

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PREPARATION

DECIDE NOW WHERE YOU AND YOUR FAMILY WILL GO WHEN THE NEXT HURRICANE THREATENS

Decide on a specific place. If you live in an evacuation area, the protected house of a friend out of the evacuation zone is best; a Red Cross shelter is a last resort. It is not recommended that you stay in any structure without good shutters or properly designed and installed hurricane protection during any hurricane.

PLAN NOW HOW YOU ARE GOING TO PROTECT YOUR PROPERTY

Learn about shutters and other alternatives for protecting your house and apartment. If you have doubts about the safety of your house, have it evaluated by an engineer. Have a family plan for putting up shutters and getting your home ready, and rehearse it. Decide where you will park your car(s). A garage is best. Plan to move your boat early.

DECIDE NOW WHO WILL BE RESPONSIBLE FOR YOUR WATER SUPPLY

You'll need a minimum of 12 gallons of drinking water per person. For convenience, you can get it at the supermarket, or you can keep containers on hand to hold tap water. Sterilize your containers for

Divide into two time frames:
What you should do now and what you should do as the storm is approaching.

drinking water with a little bleach (non-flavored) and water. Slosh it around, rinse the container, and fill it up from the tap. You also need non-drinking water for bathing and flushing the toilet. The bathtub is a good place to hold that. Line the tub with plastic sheeting before you fill it up.

THINGS TO DO

WHEN A STORM IS APPROACHING

Bring in loose items like lawn furniture, garbage cans, and plants that could fly around in the wind. Even heavy planters can be moved by the storm, so at least put them as close to the house as possible. Photograph or video tape your house, as well as your personal belongings to help document any losses. Put the negatives or tapes in a waterproof container, a safe deposit box, or send them to a friend out of town. Put valuables and important papers in waterproof containers. Put them at the top of an interior closet. Put up your hurricane shutters. Be sure you secure them well. Shutters that come off in a storm are very dangerous. If you have a pool, add extra chlorine. DO NOT drain your pool. DO NOT put metal lawn furniture in the pool.

CBS4 HURRICANE NETWORK

ON TELEVISION

CBS4 | WPBT2 | my33

OPEN CAPTIONING OF CBS4 COVERAGE FOR THE HEARING IMPAIRED DURING A HURRICANE WARNING

ON THE RADIO

DADE & BROWARD	Kiss Country · Power 96 · 560WQAM Sports Radio
THE KEYS	Sun · WKWF · 92.7 WEOW FM · The Wave FM · Thunder 100.3 Country · US1 104.1 · Conch Country 98.7
ON THE INTERNET	CBSMiami.com
SOCIAL MEDIA	CBSMiami · @CBSMiami
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