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MATT BIRK

CENTER | 6-4 | 310

COLLEGE: HARVARD

HS: CRETIN-DERHAM HALL (ST. PAUL, MN)

BORN: 7/23/76, ST. PAUL, MN

EXP. (NFL/RAVENS): 15/4

GP/GS (PLAYOFFS): 210/187 (18/15)

2012 POSTSEASON HIGHLIGHTS: (GP/GS: 4/4) Helped the Ravens average 410.3 yards per game during four playoff contests...Also protected QB Joe Flacco, allowing him to become the second player in NFL history (Joe Montana - 1989) to throw 11 TDs and 0 INTs during the playoffs

- Started at center and helped the Ravens produce 367 yards, including 287 yards passing and 3 TDs by Flacco (who was named MVP) in the 34-31 victory in **Super Bowl XLVII vs. SF (2/3/13)**
- Started at center and helped the Ravens produce 356 total yards in the 28-13 victory in the **AFC Championship at NE (1/20/13)**...The Ravens scored TDs on all 4 of their red zone appearances, including going 3-for-3 in goal-to-go situations against the Patriots
- Started at center and helped the Ravens gain a postseason franchise-record 479 yards of total offense, including helping Flacco post playoff franchise-records in yards (331) and passing TDs (3), with no INTs for a 116.2 QB rating in the 38-35 double-overtime win in the **Divisional game at Den. (1/12/13)**
- Started at center and helped the Ravens gain 439 yards of total offense, including helping Flacco earn a postseason franchise-record 125.6 QB rating (12-of-23 for 282 yards and 2 TDs) in the **Wild Card game vs. Ind. (1/6/13)**

2012 SEASON HIGHLIGHTS: (GP/GS: 16/16) Helped the Ravens score the most points (398) in franchise history and the second-most total yards (5,640) in team history (5,723 in 1996), including a career-high 3,817 passing yards by QB Joe Flacco and 1,143 yards and 9 TDs rushing by RB Ray Rice

- Started at center and helped the offense post a season-high 533 yards (224 rushing and 309 passing), the third-highest output in team history, in the 33-14 victory in **game 15 vs. NYG (12/23)**...Also helped two backs rush for 100 yards (Ray Rice - 107 and Bernard Pierce - 123) in the same game for the second time in team history (Le'Ron McClain - 139 and Willis McGahee - 108 on 12/20/08 at Dal.)
- Started at center and helped pave the way for 443 total yards by the Ravens, including 355 yards and 1 TD passing by QB Joe Flacco, in the 16-13 overtime victory in **game 11 at SD (11/25)**...The Ravens overcame a 13-3 deficit in the fourth quarter to tie the game with a FG as time expired...Ravens drove 69 yards in 12 plays on their second possession of overtime to kick a 38-yard game-winning FG with 1:07 left in the extra period
- Started at center and helped the Ravens post a franchise-record 55 points while racking up 419 total yards, including 341 passing, in the 55-20 victory in **game 9 vs. Oak. (11/11)**
- Started his 100th-consecutive game at center and helped protect Flacco, who threw for 356 yards and 1 TD, as well as rushing for a TD, in the 23-16 victory in **game 4 vs. Cle. (9/27)**
- Started at center and helped the Ravens produce 503 total yards (third-highest total in franchise history), including 382 yards and 3 TDs through the air by Flacco, in the 31-30 victory in **game 3 vs. NE (9/23)**...The Ravens had four scoring drives of 80 yards or more...Ravens did not allow a sack against the Patriots

CAREER HIGHLIGHTS:

- Super Bowl XLVII Champion (2012)
- Started 112-consecutive games to close out his career, producing the NFL's longest active streak among centers
- Helped the Ravens establish a franchise record for points with 398, as well as gaining 5,640 total yards (second-highest total in franchise history) in 2012
- Helped set a record for most TDs scored (47) in 2009...Ravens also added a team-record 22 rushing TDs
- Helped pave the way for the Vikings' offense to rank No. 1 in the NFL for the first time in franchise history (2003 - 393.4 ypg)
- Helped Minnesota's RB Adrian Peterson become the first Vikings' RB to lead the NFL in rushing (1,760 yards in 2008)

CAREER HONORS:

- Walter Payton NFL Man of the Year (2011)
- Six-time Pro Bowler (2000-01, 2003-04 and 2006-07)
- Named to *USA Today Sports Weekly's* All-Decade (2000s) Team
- *The Sporting News* All-Pro (2003)
- *Associated Press* second-team All-Pro (2003)
- *Pro Football Weekly's* All-NFC (2000 and 2003)

